



# Cycling

**Dates:** June 10th    June 11th

**Location:** WV Ede



# Regulations Cycling

The GNSK will be held over two days. On day 1 the Team Time Trial and the Points Race will be held and on day 2 the Individual Time Trial and the Road Race. In the the Team Time Trial and the Road Race, the whole team will participate. In the Individual Time Trial and the Points Race only three team members of each team will participate. This applies to both the women's and the men's team.

## General

1. Registration per member city/student sports board can be done with a maximum of one men's and one women's team. A women's team consists of a minimum of 3 and a maximum of 6 people. A men's team consists of a minimum of 3 and a maximum of 6 people. *Every day, a team must meet the minimum participants. This means that 12 individuals are allowed to participate over both days per member city/student sports board.*
2. Each team of a member city/students sports board may only consist of students who meet the conditions set out in chapter 1 of the GNSK regulations. In case of violation of this rule, the team in question will be excluded from all matches in which this rule has been violated.
3. The team assignments must be done by the captain at the race secretariat before the start of the first match.
4. The team assignments must indicate which riders *ride the different parts*
5. In all cases, the competition committee reserves the right to make a binding decision.
6. Participation is at your own risk and each participant must be insured against liability.
7. Wearing a cycling approved helmet is mandatory.
8. Assistance from third parties is not permitted.
9. Participants may not receive aid during competition, other than by the organization.
10. The jury may make a decision on unnamed matters at its discretion.
11. Insofar as no exception is made in the above points, the regulations of the KNWU are in force.
12. The teams must be present and ready at the time indicated in the match schedule. A team must wear uniform clothing and is provided with numbers by the organization.
13. The number must be clearly pinned on the right side.
14. It is forbidden to enter the course while a race is still in progress
15. In the event of an equal number of points obtained, the last part of the race is considered decisive for the final result.
16. For every element, there are two categories: men and women.

## Team Time Trial

17. Each team rides 6 laps of around 1.1 kilometers.
18. The whole team start the Team Time Trial, but only a minimum of 4 riders have to finish the race.
19. The finish time of the team is the finish time of the fourth rider passing the finish.
20. Riders may drop at every moment on the circuit, but a dropped rider has to leave the circuit at the next possible moment.
21. A rider who drops cannot rejoin later.
22. The time starts at the beforehand mentioned starting time. The riders start out of standing position (with zero speed).
23. The starting order will be decided on day 1, based on a draw.
24. The Team Time Trial is held on a regular road bike. The use of time trial bikes, closed wheels, attachment handlebars and the like is *not* permitted. Wearing a fast suit and time trial helmet is allowed.
25. Only one team at a time will be on the track.

## Points Race

26. Each team sends the *pre-registered* riders to the sprint points race
27. In the event of equipment failure or a crash, the rider may apply for 1 lap compensation from the jury.
28. In this points race, the numbers 1 to 5 always receive points every three rounds. (5, 4, 3, 2 and 1 point) and in the last round the first 10 get points. The distribution is then 15, 12, 10, 8, 7, 6, 5, 4, 2 and 1 points. The one who has the most points at the end of the race wins. A total of 18 laps will be completed, men and women.
29. The amount of points allocated to a team is based on the *result* of the Points Race. So, the amount of points earned during the Points Race is not directly allocated to the team.
30. In case of an equal amount of earned points, the finish position of a rider will decide the riders result.
31. The speaker first unofficially indicates who has obtained the points. The official result of each points sprint is determined on the basis of the photo finish or video.
32. Points can be earned every three rounds. A bell is sounded for each sprint to indicate this and a lap board indicates the laps to be completed.

## Individual Time Trial

33. Each team sends the 3 pre-registered riders to the Individual Time Trial.
34. The Individual Time Trial is held on a regular road bike. The use of time trial bikes, closed wheels, attachment handlebars and the like is *not* permitted. Wearing a fast suit and time trial helmet is allowed.
35. The men have to complete 4 rounds and the women 3.
36. In the event of material failure or a crash, the participant in question may start again.
37. Stayering is *not* allowed and leads to disqualification.
38. Riders who are overtaken must give space to the faster rider and keep the outside part of a turn as much as possible.

## Road Race

39. In this race, if deployable, all riders of each team (maximum 6) can start
40. The women ride separately from the men
41. The men and women ride a race of about an hour. Starting from 5 rounds before the end, the jury indicates via a round board and speaker how many rounds are left.
42. The jury can let dropped groups of riders sprint earlier
43. If a participant leaves the race, they must notify the jury immediately.
44. Riders who have been lapped can be taken off course by the jury. This will be done at least 5 laps before the end of the race.
45. Riders who leave the race, forced or not, will not be awarded with any points
46. In case of equipment failure or a crash, a lap compensation is given, only possible until 5 laps before the finish
47. Riders who are overtaken must give space to the faster rider and keep the to the outside of turns as much as possible.
48. Doubled riders are not allowed to interfere with the head of the race (do not ride in the lead, do not close gaps, do not stop, etc.).

## Awards ceremony

49. For each individual component (Points Race and Individual Time Trial), points are awarded to individuals, which are later added to the team total of the team to which the individual in question belongs
50. Points are awarded to the respective teams for each team component (Team Time Trial and Road Race)
51. The points obtained per part are added together. The team with the most points wins the team classification
52. There is a separate ranking for women and men teams

## Scores

### Scores Team Time Trial

| Positie | Points |
|---------|--------|
| 1       | 100,1  |
| 2       | 80     |
| 3       | 70     |
| 4       | 60     |
| 5       | 50     |
| 6       | 40     |
| 7       | 30     |
| 8       | 20     |
| 9       | 10     |
| 10      | 5      |

## Scores Points Race & Individual Time Trial

| <i>Positie</i> | <i>Points</i> |
|----------------|---------------|
| 1              | 50,1          |
| 2              | 40            |
| 3              | 35            |
| 4              | 30            |
| 5              | 25            |
| 6              | 20            |
| 7              | 18            |
| 8              | 16            |
| 9              | 14            |
| 10             | 12            |
| 11             | 10            |
| 12             | 9             |
| 13             | 8             |
| 14             | 7             |
| 15             | 6             |
| 16             | 5             |
| 17             | 4             |
| 18             | 3             |
| 19             | 2             |
| 20             | 1             |

## Scores Road Race

| <i>Positie</i> | <i>Points</i> |
|----------------|---------------|
| 1              | 85,1          |
| 2              | 75            |
| 3              | 65            |
| 4              | 55            |
| 5              | 50            |
| 6              | 45            |
| 7              | 40            |
| 8              | 35            |
| 9              | 30            |
| 10             | 25            |
| 11             | 22            |
| 12             | 20            |
| 13             | 18            |
| 14             | 16            |
| 15             | 14            |
| 16             | 12            |
| 17             | 10            |
| 18             | 8             |
| 19             | 6             |
| 20             | 4             |

## File a protest:

**Protest must be submitted up till one hour after the end of the match.**

Participants or teams can file a protest against other participants/ teams based on eligibility and competition rules. Decisions of referees or other officials cannot be challenged, nor can the regulations of the GNSK, the regulations of the camping and other articles from the event regulations of Studentensport Nederland.

To file a protest, the teams have to do the following:

- The sports committee must be notified of the protest as soon as possible after the end of the match, during which the alleged violation has occurred.
- The person to be called: *to be determined*
- The protest must be signed by an official representative of the team and must contain the following elements:
  - Date, time and location of the incident
  - The relevant article which was violated
  - A description of the situation
  - The names of the protesting team/participants, signed.

On Saturday, the protests will be processed at the end of the day. On Sunday, the protests will be processed no later than two hours after the protest has been submitted. All protests must be dealt with before the start of the finals.