



Gymnastics

Dates: June 10th

Location: Sports Centre de Bongerd



Regulations Gymnastics

General

1. Per member city/student sports board a maximum of one men's team and one women's team can be registered per team level. A team consists of a minimum of 3 and a maximum of 5 gymnasts.
2. The registered participants of each member city/student sports board are only allowed to consist of students that comply with the terms and conditions as stated in chapter 1 of the event regulations of SSN. Violation of these regulations causes the team or individual to lose all games.
3. If an ineligible participant takes part in the GNSK, a fine of €200,- will be charged to the member city/student sports board for which the participant plays. Additionally, the results of the team or individual concerned will be scrapped.
4. Participants are expected to at all times register in the level that best matches their own gymnastics level. The NSTB expects the participating boards to advise their members in this.
5. In competition rules, additional rules can be found on division into levels or type of registration.
6. In all instances, the committee reserves the rights to take a binding decision.
7. As far as in the points above no exception has been made, the regulations of the NSTB will be in force.

Team competition regulations

1. A team consists of a minimum of three and a maximum of five participants.
2. Three gymnasts will perform their exercise on each apparatus.
3. The three scores will be taken into the final score per apparatus.
4. With the ladies there are three team levels:
 - a. Team level 1 is a composition of ladies 1 and 2.
 - b. Team level 2 is a composition of ladies 3 and 4.
 - c. Team level 3 is a composition of ladies 5 and 6 .
5. With the men there are two team levels:
 - a. Team level 1 is a composition of men 1 and 2.
 - b. Team level 2 is a composition of men 3, 4 and 5.
6. Each member city/student sports board can have one team participated per team level.
7. Each participant is judged at his or her own, individual level.

File a protest:

Protest must be submitted up till



one hour after the end of the match.

Participants or teams can file a protest against other participants/ teams based on eligibility and competition rules. Decisions of referees or other officials cannot be challenged, nor can the regulations of the GNSK and other articles from the event regulations of Studentensport Nederland.

To file a protest, the teams must do the following:

The sports committee must be notified of the protest as soon as possible after the end of the

match, during which the alleged violation has occurred. The protest must be signed by an official representative of the team and must contain the following elements:

- Date, time, and location of the incident
- The relevant article which was violated
- A description of the situation
- Names of the protesting team/participant, the undersigned and any witnesses.

Important to know when consulting this document

- The regulations for participating in NSTB competitions differ between NSKs and NSTCs.
- For the NSKs, participation rules apply as specified by SSN, in Chapter 3 of the NSK manual.
- Almost the exact conditions apply to NSTCs, with the addition of the requirement that every participant who is not a member of one of the STVs affiliated with the NSTB must pay the contribution agreed for the current year to the NSTB.
- For exceptions to these regulations, a request can be submitted to the meeting of the NSTB.

Glossary

STV – Studententurnvereniging (Student gymnastics association)

SSN – Studenten Sport Nederland

NSK – Nederlandse Studenten Kampioenschap

NSTC – Nederlandse Studenten Turn Competitie

HBO – Instelling voor Hoger Beroepsonderwijs

WO – Instelling voor Wetenschappelijk Onderwijs

NSTB – Nederlandse Studenten Turn Bond

File a protest:

Protest must be submitted up till one hour after the end of the match.

Participants or teams can file a protest against other participants/ teams based on eligibility and competition rules. Decisions of referees or other officials cannot be challenged, nor can the regulations of the GNSK, the regulations of the camping and other articles from the event regulations of Studentensport Nederland.

To file a protest, the teams have to do the following:

- The sports committee must be notified of the protest as soon as possible after the end of the match, during which the alleged violation has occurred.
- The person to be called: *to be determined*
- The protest must be signed by an official representative of the team and must contain the following elements:
 - Date, time and location of the incident
 - The relevant article which was violated
 - A description of the situation
 - The names of the protesting team/participants, signed.
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On Saturday, the protests will be processed at the end of the day. On Sunday, the protests will be processed no later than two hours after the protest has been submitted. All protests must be dealt with before the start of the finals.