



PLAYBOOK Handbal

Location (s):

Radboud Sportcentrum hall 1 & 2

Dates:

21 & 22 June 2025

Match times:

Saturday: 9:30–16:30

Sunday: 10:00–14:10

Committee contact person:

Stef Berends

All information:

[GNSK 2025 Nijmegen](#) and/or GNSK 2025 app

Committee Composition

The handbal committee consists of the following people:

Name	Function	Phone number
Stef Berends	Chair	
Anna Abel	Member	
Isa de Haan	Member	
Elise Becker	Member	
Suus	day coordinator Sunday	
Doris	day coordinator Saturday	
Memet	day coordinator Saturday	

The committee can be reached at the following e-mail address:

Info@hastu.nl

Timetable

On Saturday and Sunday, the matches will start at 9:00 AM. The handball committee will be present from 8:30 AM. Each team is expected to arrive at least 10 minutes before their matches.

The last matches on Saturday are scheduled for 3:00 PM, and on Sunday for the women at 11:15 AM and for the men at 1:00 PM

In the meantime, teams may switch halls to cheer each other on or get something to eat or drink.

Each team is responsible for bringing their own lunch.

The handball award ceremony will take place around 4:00 PM at the Topsportcentrum, and the award ceremony for the city ranking will take place around 6:00 PM at the RSC.



Match schedules

The match schedules can be found in the GNSK 2025 app or true the link below in the section match schedules. Instructions and explanations about the app can be found below.

 [GNSK Wedstrijdschema handbal.xlsx](#)

The group stage of the men's team tournament will be played in 1 group of 6 teams. The group stage of the women's team tournament will be played in 1 group of 5 teams.

The men's tournament will be played in a group stage followed by a knockout phase. The women's tournament will be played in a group stage followed by a knockout phase. In the knockout phase, the 1st to 4th places will be determined. The 5th and/or 6th places will be decided based on the points earned during the group stage.

GNSK 2025 app

Once again this year there is the GNSK app containing all the information about the GNSK, such as first aid, party and competition programmes. Importantly, the app is used for accreditation during the GNSK and every participant and team official must download this app.

In the following steps, you can download the app and request your personal accreditation:

Step 1: Download the GNSK app for Android or Apple

Step 2: Open the GNSK app and click on three bars in the top left corner.

Step 3: Click on 'accreditation'

Step 4: Enter your phone number

Step 5: Enter the verification code you receive in a sms





Handbal related issues

It is important to read through the regulations (*see at the very end of this playbook*) for all participants and team officials.

Highlighted Rules for the Handball Tournament:

- The team captain and/or coach must report the team to the handball committee 15 minutes before each match.
- A match lasts 28 minutes of continuous play, without switching sides and without a halftime break, except for the final.
- The handball committee provides resin; using any other resin will result in disqualification.
- The 2-minute suspension will not be shortened.
- Each team is responsible for arranging their own lunch. This can be done at **The Yard** (<https://maps.app.goo.gl/sCo2tLTuwfS4pihi9>), **Spar** (<https://maps.app.goo.gl/hFcF8pRCdGceSiaC7>) or one of the many food stalls in the area. Both are located near the sports center.
- Bring your own ball for warm-up. (For the matches we have balls)

Qualification European Universities Championships

The winners of the handball tournament at GNSK 2024 will qualify for the European Universities Championships (EUC) in 2026.



Competition venue

Handball is played on Saturday and Sunday at the Radboud Sportcentrum in hall 1 & 2. Hall 1 for the ladies and hall 2 for the gents. The address is:

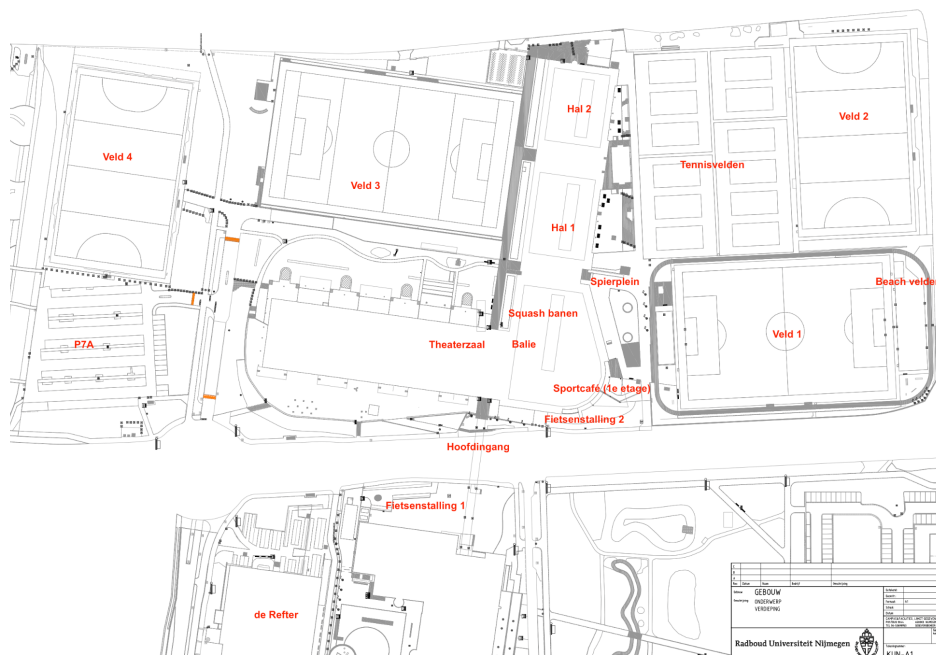
Heyendaalseweg 141, 6525 AJ Nijmegen

Public Transport: From Nijmegen train station, take bus lines 10, 14, or 15 to the *Erasmusgebouw* bus stop.

Car: GNSK participants can use parking areas P7A and P13 of Radboud University free of charge.

Bicycle: Approximately 15 minutes by bike from Nijmegen train station.

Map Radboud sportcentrum:



Before participating in any matches at the competition venue, registration is required at the registration desk in the Radboud Sportcentrum (see below for more information).

In hall 1 of the Radboud Sportcentrum there will be played on 1 field. In hall 2 of the Radboud Sportcentrum there will be played on 1 field.





Registration GNSK 2025

Signing up and registration for the GNSK 2025 must be done before participating in the sports tournament. This can be done on Friday in sporthal IC and on Saturday at the registration desk in the Radboud Sportcentrum. The address is: **Heyendaalseweg 141, 6525 AJ Nijmegen.**

You can sign up the following times:

- Friday 20 June: 16.00 tot 20.00 uur
- Saturday 21 June: 8u tot 13u

You must be able to provide the following documents before applying:

- Valid certificate of registration from the educational institution, or certificate of graduation (*Only required for participants, not for team officials*)

- Valid accreditation card on the GNSK 2025 app (*see below GNSK 2025 app*)
- Valid passport, ID card or driving license

After this is done, participants and team officials can go to the competition venue with a valid accreditation.

Transport to Radboud Sportcentrum

At the Radboud Sportcentrum several sports tournaments will be organised and all participants and team officials should sign in and register here. Breakfast and dinner will also be served next to the Radboud Sportcentrum in the Refter. The address is: **Heyendaalseweg 141, 6525 AJ Nijmegen.**

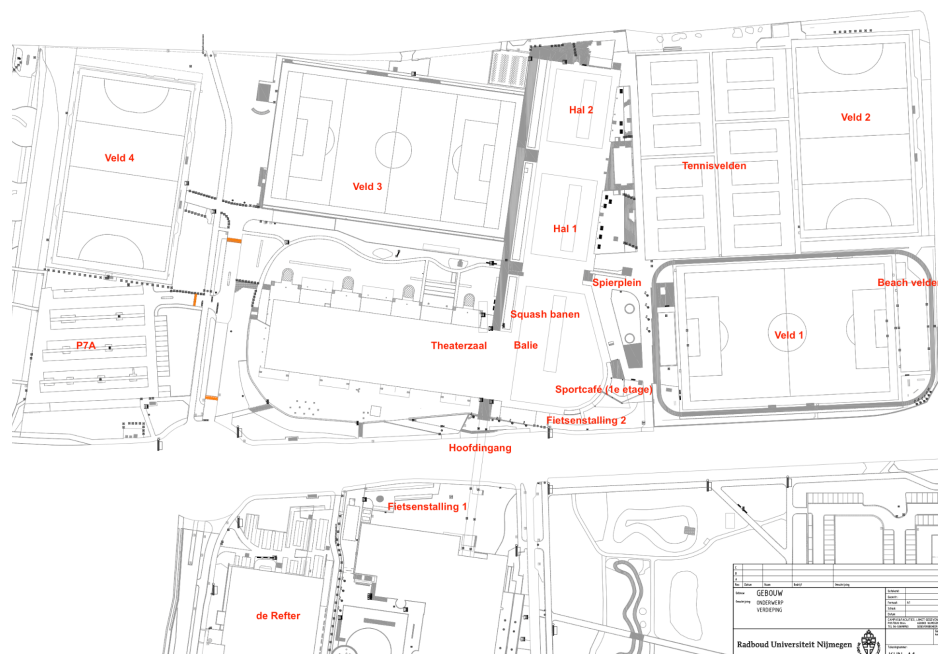
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Car: GNSK participants can use parking areas P7A and P13 of Radboud University free of charge.

Bicycle: Approximately 15 minutes by bike from Nijmegen train station.



Map Radboud Sportcentrum



Catering

Breakfast

Breakfast on Saturday and Sunday morning is only available to participants, team officials, and volunteers who have booked the camping package with breakfast. The breakfast buffet is provided at *De Refter* (Erasmusplein 3). Each guest may visit the buffet once. We kindly ask everyone to clean up their leftovers and waste afterwards.

Breakfast is served from 6:30 to 9:00 AM. Specific time slots will be announced later.

The breakfast includes:

- Bread: Whole wheat bread / White bread
- Toppings: Cheese / Chicken breast / Strawberry jam / Chocolate sprinkles / Boiled egg
- Other: Mini donut / Hangop (strained yogurt) / Muesli / Fruit
- Drinks: Coffee / Tea / Orange juice





Lunch

During the weekend, participants and team officials are responsible for arranging their own lunch. Various food stalls will be available at the Radboud Sports Centre, and you can also visit *The Yard*, the sports café located inside the centre.

Dinner

Dinner on Friday and Saturday is only available to participants, team officials, and volunteers who have booked the camping package with dinner. Dinner is provided at *De Refter* (Erasmusplein 3). Each guest may visit the buffet once. We kindly ask everyone to clean up their leftovers and waste afterwards.

Dinner is served from 5:00 to 8:00 PM. Specific time slots will be announced later.

Meals are served vegetarian by default. Please indicate any dietary requirements when registering.

- Friday dinner: Pasta Bolognese with Italian salad and ciabatta
- Saturday dinner: Rice with chicken curry and cucumber salad

Campsite

Accommodation is provided at the Radboud Sportcentrum in the sports halls and at a campsite located at Sportpark D'Almarasweg.

Sleeping facilities are only available to those who indicated this during their registration for GNSK 2025. Participants will either sleep in the indoor sports halls or camp on a grass field using their own tents.

Those staying in the sports halls must bring their own sleeping gear,





(including mat or air mattress, blanket, and pillow).

Those camping outdoors must bring their own tents and full sleeping equipment. It's important to bring a tent appropriately sized for the number of people sleeping in it. Oversized tents for too few people may be refused by the organization. If unsure, please consult the GNSK organization in advance.

We will do our best to provide sufficient power outlets and lighting at the campsite, but please note that these may be limited. We recommend bringing a flashlight and an extra power bank for added comfort.

The Radboud Centrum will be accessible at night, and the campsite will have security present 24/7.

Camping Rules

These rules are in place to ensure a pleasant and safe weekend for everyone. The organization and security staff reserve the right to remove anyone who does not comply with these regulations. You must follow the instructions of security staff, the organization, and volunteers at all times.

1. The general terms and conditions of GNSK 2025 apply to the campsite.
2. Visitors are only allowed on the campsite upon showing their accreditation in the GNSK 2025 App after registering at the registration desk in the Radboud Sports Centre.
3. Camp only in the designated areas.
4. Your tent must be appropriately sized for the number of people sleeping in it. Oversized tents may be refused.
5. Caravans, campers, and folding trailers are not allowed.
6. Passenger vehicles are not allowed on the campsite. These can be parked for a fee around the campus.
7. The campsite opens on Friday at 4:00 PM. Tents must be removed by Sunday, June 22, no later than 6:00 PM.
8. Arrival at the campsite is possible until Saturday, June 21, at 8:00 PM. Upon first arrival, report to a volunteer who will assign your camping spot.



9. A certified emergency responder (BHV'er) will be present from 8:00 PM to 8:00 AM in the tent next to the campsite.
10. Security and/or volunteers will monitor the campsite throughout the weekend. In case of emergencies, contact them or the central information desk at the Radboud Sports Centre.
11. Leaving personal items is at your own risk. The organization is not responsible for lost or damaged belongings.
12. Sufficient toilet facilities are available next to the campsite. Keep them clean and tidy for the next user.
13. Power supply at the campsite is limited.
14. Open flames, including BBQs and gas cylinders, **are prohibited**.
Cooking is not allowed due to fire safety.
15. Waste must be disposed of in the designated bins.
16. Respect the sleep of others. Quiet hours are from 10:00 PM to 7:00 AM.
Sound systems are not allowed during this time.
17. Pets are not allowed on the campsite.
18. Commercial activity, advertising, or distributing publications near the entrances or on the campsite is only allowed with prior written permission from the organization.
19. You may bring and consume your own food and drinks on the campsite, but all waste must be cleaned up.
20. Alcohol consumption is allowed, but only in cans or plastic containers.
21. Strong alcoholic beverages and any form of drugs are strictly **prohibited**.
22. Glass is not allowed on the campsite for safety reasons. Bags will be checked upon entry.
23. Smoking is only allowed in the designated areas next to the campsite, not on the campsite itself.
24. Upon departure on Sunday, security or volunteers may check your camping spot. You may be asked to clean up any remaining waste.





Opening ceremony

To officially kick off the GNSK together, a welcome speech and group warm-up will be organized on Friday at 7:00 PM on Field 1 of the Radboud Sports Centre.

Party

What would the *Groot Nederlands Studenten Kampioenschap* be without a legendary party? Exactly – not a complete weekend! That's why we're going all out this year. In collaboration with The Tributeparty, we're bringing you an evening full of energy, dancing, and unforgettable moments.

What to expect?

On Saturday night, after all the sporting achievements have been made and your muscles start to complain, it's time to trade in your sports shoes for dancing shoes. The party will take place in Park Brakkenstein, which will be fully transformed into a festival site.

The Tributeparty is known for their sold-out events in Nijmegen and beyond! Whether you're into 90's classics, 00's pop rock, or secretly love dancing to Bruno Mars – the Tributeparty has something for everyone!

In short: this is a night you don't want to miss!!!

Details

Date & Time: Saturday evening, from 8:00 PM to midnight

Location: Park Brakkenstein

Admission: With party ticket (purchased during registration)





Protest committee

Naam/namen

Stad

Team/sport

Datum

Tijdstip

Locatie voorval

Betreffende artikel of bepaling dat overtreden zou zijn:

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.....

Beschrijving van de situatie:

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Eventuele getuigen:

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.....
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Handtekening:

Datum + tijdstip:

Het protestgeld bedraagt €10,-. Bij toekenning van het protest zal restitutie plaatsvinden. Dit zal achteraf gefactureerd worden.

Dit formulier dient uiterlijk 1 uur na kennisgeving van protest volledig ingevuld bij de wedstrijdcommissie te zijn ingeleverd.





Wedstrijdreglementen (NL en ENG)

Wedstrijdreglement Handbal

GNSK 2025

Teamsamenstelling en speelgerechtigdheid

1. Per Overkoepelende Studenten Sport Organisatie (hierna: OSSO)/stad kunnen meerdere heren- en damesteams ingeschreven worden. Een team bestaat uit minimaal 7 en maximaal 14 spelers. Het eerste ingeschreven team per OSSO/stad heeft altijd recht om mee te doen. Afhankelijk van het aantal ingeschreven teams wordt besloten of de andere teams mee kunnen doen. Mochten er te veel extra teams per OSSO/stad zijn voor de overgebleven plekken, gaat deelname op basis van volgorde van inschrijving.
2. De ingeschreven deelnemers van een OSSO/stad mogen uitsluitend bestaan uit studenten die voldoen aan de voorwaarden als gesteld in hoofdstuk 1 van het evenementenreglement van SSN. Bij overtreding van deze regel verliest het team alle wedstrijden. Als er een ongerechtigde deelnemer meedoet aan het GNSK, wordt er een boete van €200,- in rekening gebracht bij de OSSO/vertegenwoordigende organisatie in de stad voor welke die deelnemer uitkomt.
3. De teamopgave dient voor aanvang van iedere wedstrijd doorgegeven te worden aan de handbalcommissie. Mocht een OSSO/stad meerdere deelnemende teams sturen, dan mogen er geen spelers gewisseld worden of bij een ander team meespelen. Mocht dit wel gebeuren, dan geldt artikel 2.
4. De winnaar van het handbaltoernooi van het GNSK 2025 kwalificeert zich voor de European Universities Championships (EUC) van 2026.

Wedstrijdbepalingen

5. De voorrondes bestaan uit poules. De poule-indeling geschiedt op basis van loting, waarbij teams geplaatst worden volgens de Uitvoeringsregeling Plaatsing GNSK 2024 en indien mogelijk teams van eenzelfde OSSO/stad worden verdeeld over verschillende poules. De handbal commissie beslist voor de loting hoeveel teams per poule zich kwalificeren voor het finaleschema dat door middel van een knock-outsysteem wordt gespeeld.



6. Bij een gewonnen wedstrijd krijgt een team 2 punten, bij een gelijkspel 1. De eindstand van de poule wordt bepaald op basis van het aantal punten dat een team behaald heeft. Bij een gelijke stand in een poulefase beslist achtereenvolgens het onderlinge resultaat, het doelsaldo en het aantal doelpunten voor. Als er nog geen beslissing is bereikt, nemen per team vijf verschillende spelers ieder één 7-meter worp. Indien nodig nemen hierna beide teams om beurten een 7-meter worp totdat er een beslissing is gevallen.

7. De duur van een wedstrijd is bepaald op 28 minuten doorlopende speeltijd zonder wissel van de speelhelft en zonder pauze. De finale zal twee maal 30 minuten zuivere speeltijd duren, waarbij er een rust is tussen de helften van 10 minuten. De spelers mogen onbeperkt gewisseld worden.

8. In een poulefase is gelijkspel mogelijk. Eindigt in het verdere toernooi een wedstrijd gelijk, dan zal er met twee maal 5 minuten verlengd worden. Indien er dan nog geen winnaar is, nemen per team vijf verschillende spelers ieder één 7-meter worp. Indien nodig nemen hierna beide teams om beurten een 7-meter worp totdat er een beslissing is gevallen.

9. De teams dienen op het in het wedstrijdschema aangegeven tijdstip aanwezig en speelklaar te zijn. Indien dit niet het geval is, is de uitslag 5-0 in het voordeel van het aanwezige team.

10. De teams dienen shirts met rugnummers te dragen. Zo nodig dient de ploeg die als tweede op het wedstrijdschema wordt genoemd voor reserveshirts te zorgen.

11. Er wordt gespeeld met officieel goedgekeurde wedstrijdballen. De wedstrijdballen worden verstrekt door de handbal commissie. De oefenballen dienen zelf meegenomen te worden.

12. Hars wordt verstrekt door de handbal commissie. Indien men met andere hars dan de aangeleverde hars speelt wordt men gediskwalificeerd.

13. Protesten worden niet geaccepteerd voor zover deze scheidsrechterlijke beslissingen betreffen.

Slotbepalingen

14. Spelers dienen gepaste schoenen te dragen.



15. De organisatie draagt geen verantwoordelijkheid voor ongevallen of schade aan derden vóór, tijdens of na de wedstrijd. Deelname geschiedt op eigen risico.

16. De organisatie draagt geen verantwoordelijkheid voor diefstal vóór, tijdens of na de competitie.

17. Voor zover in bovenstaande punten geen uitzondering wordt gemaakt, zijn de [reglementen van NHV](#) van kracht, met uitzondering van de tijdstop regel bij 7-meter worpen en de time-out regel.

18. In alle gevallen behoudt de handbal commissie zich het recht voor om een bindende beslissing te nemen.

Regulations Handball

GNSK 2025

Team composition and eligibility

1. Each Student Sport Council (OSSO) or city can register multiple men's and women's teams. A team consists of a minimum of 7 and a maximum of 14 players. The first team registered per OSSO or city always has the right to participate. Depending on the number of registered teams, a decision will be made regarding the participation of the other teams. If there are too many other teams for the remaining spots, participation will be based on the order of registration.

2. The registered participants from an OSSO or city may only consist of students who meet the requirements as set in Chapter 1 of the SSN event regulations. In case of a violation of this rule, the team will forfeit all matches. If an ineligible participant takes part in the GNSK, a fine of €200 will be charged to the OSSO or representative organization in the city to which the participant belongs.

3. The team lineup must be provided to the handball committee before the start of each match. If an OSSO or city sends more participating teams, players cannot be swapped or participate in other teams. If this happens, Article 2 applies.

4. The winner of the handball tournament of the GNSK 2025 qualifies for the European Universities Championships (EUC) in 2026.



Match provisions

5. The preliminary rounds of the team tournament consist of groups. The group placement is determined by drawing, with teams seeded according to Implementation Regulation Seeding GNSK 2024 and, if possible, teams from the same OSSO or city distributed across different groups. The handball committee decides, prior to the draw, how many teams per group qualify for the final bracket, which is played through a knockout system.

6. In case of a won match, a team receives 2 points, and in case of a draw, 1 point. The final ranking in the group is determined by the total number of points a team has earned. In the event of a tie in the group stage, the ranking is decided successively by the head-to-head result, the goal difference and the number of goals scored. If no decision is reached, five different players from each team take one 7-meter throw each. If necessary, both teams will then take turns with 7-meter throws until a decision is reached.

7. The duration of a match is set at 28 minutes of continuous playing time without changing sides and without a break. The final will consist of two halves of 30 minutes of pure playing time each, with a 10-minute break between halves. There is no limit on substitutions.

8. In the group stage, a draw is possible. If a match ends in a tie in the later stages of the tournament, an extension of two times 5 minutes will be played. If there is still no winner, five different players from each team take one 7-meter throw each. If necessary, both teams will then take turns with 7-meter throws until a decision is reached.

9. Teams must be present and ready to play at the time indicated in the schedule. If a team is not present at the specified time, the team loses the match. The score will be recorded as 5-0 in favor of the present team.

10. The teams must wear shirts with numbers. If necessary, the team mentioned second on the match schedule is responsible for providing reserve shirts.

11. Officially approved match balls will be used. The match balls will be provided by the handball committee. Practice balls should be brought by the teams themselves.

12. Resin will be provided by the handball committee. If one plays with a different resin than the provided one, they will be disqualified.

13. Protests will not be accepted as far as they concern referee decisions.



Closing provisions

14. Players must wear appropriate shoes.

15. The organization is not responsible for accidents or damage to third parties before, during, or after the match. Participation is at your own risk.

16. The organization is not responsible for theft before, during, or after the competition.

17. In the absence of exceptions in the above points, the [regulations of NHV](#) are in force, except for the time stop rule during 7-meter throws and the time-out rule.

18. In all cases, the handball committee reserves the right to make a binding decision.

