

Regulations Football

GNSK 2026

1. Team composition and eligibility

1. Each Student Sport Council (OSSO) or city can register multiple men's and women's teams. A men's team consists of a minimum of 11 and a maximum of 16 players. A women's team consists of a minimum of 7 and a maximum of 12 players. The first team registered per OSSO or city always has the right to participate. Depending on the number of registered teams, a decision will be made regarding the participation of the other teams. If there are too many other teams for the remaining spots, participation will be based on the order of registration.

2. The registered participants of an OSSO/city may only consist of students who meet the conditions set out in the Right of participation GNSK 2026. If these rules are violated, all results of this participant will be deleted. If an unauthorized participant takes part in the GNSK, a fine of €200 will be charged to the OSSO/representative organization in the city for which that participant is competing.

3. The team lineup must be provided to the football committee before the start of each match. If an OSSO or city sends more participating teams, players cannot be swapped or participate in other teams. If this happens, article 2 of the team composition and eligibility applies.

4. The winner of the football tournament of the GNSK 2026 qualifies for the European Universities Championships (EUC) in 2027. See the GNSK 2026 Participation Regulations for the rules that apply to this. If a team wins that does not meet the stated requirements, the qualification will pass to the next team that does meet all requirements. If there is no interest, the qualification will pass to the number two, and so on.

2. Match provisions

1. The preliminary rounds are played in groups. The group allocation is determined by a draw, in which teams can qualify for the finals bracket in accordance with the Implementation Regulations Placement GNSK 2026. Where possible, teams from the same OSSO or city are distributed across different groups. Prior to the draw, the football committee determines how many teams per group qualify for the finals bracket, which is played in a knockout system.



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2. In case of a won match, a team receives 3 points, and in case of a draw, 1 point. The final ranking in the group is determined by the total number of points a team has earned. In the event of a tie in the group stage, the ranking is decided successively by the head-to-head result, the goal difference and the number of goals scored. If no decision is reached, five different players from each team take one penalty each. If necessary, both teams will then take turns with penalties until a decision is reached.

In a penalty shootout series, the goalkeeper may not be substituted unless injured.

3. Men play their matches on a full field with 11 players per team and women play their matches on a half field with 7 players per team.

4. The matches last two times 20 minutes with a 5-minute break. Teams will switch halves during the break.

5. Substitutions are allowed during the matches, but only during a dead ball moment (after the referee's whistle). Players can be substituted in and out multiple times.

6. If a player receives a yellow card, he/she is given a time penalty and must leave the field for five minutes.

7. If a player receives a red card (or a second yellow), he/she must leave the field and is suspended for the next match.

8. If a match in the knockout bracket ends in a draw, it is extended by two times 5 minutes. If necessary, penalty kicks are taken (in the same manner as described in article 6).

9. Teams must be present and ready to play at the time indicated in the schedule. If a team is not present at the specified time, the team loses the match. The score will be recorded as 3-0 in favor of the present team.

10. Players that forfeit a match in the knockout phase are excluded from participating in the match for third place.

11. Each team must provide their own linesman.

12. The teams must wear shirts with numbers. If necessary, the team mentioned second on the match schedule is responsible for providing reserve shirts.

13. Officially approved match balls will be used. The match balls will be provided by the football committee. Practice balls should be brought by the teams themselves.



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14. Protests will not be accepted as far as they concern referee decisions.

3. Closing provisions

1. The organization is not responsible for accidents or damage to third parties before, during, or after the match. Participation is at your own risk.

2. The organisation bears no responsibility for theft before, during or after the competition.

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4. In all cases, the football committee reserves the right to make a binding decision that does not necessarily correspond to the above. This decision is in accordance with the documents mentioned in article 5 of the final provisions and cannot be implemented without the consent of the GNSK committee and/or SSN.

5. In all cases not covered by this regulation, the rules and provisions of the SSN Event Regulations 2026 and [reglementen van de KNVB](#) apply.



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