

Playbook Volleyball



Date: 5, 6, 7 juni 2026

Location: Sportcentrum VU, Uilenstede 100, 1183 AM Amstelveen

Contactpersoon GNSK organisatie: Stere Praamstra

Basic information

This handbook contains all the information about volleyball at the GNSK, such as match schedules, the venue, and a number of sport-specific details. All general information, such as meals, accommodation, registration, and the app, can be found in a separate information booklet. This booklet is the same for all participants and can be found [here](#).

Committee

De volleybal organisatie bestaat uit de volgende mensen:

Naam	Functie
Fleur van Andel	Member volleybalcommittee GNSK + BHV
Gwyneth Engelman	Member volleybalcommittee GNSK
Julia Clerc	Member volleybalcommittee GNSK
Taeke Verbree	Member volleybalcommittee GNSK
Nina Nevláčilová	Member volleybalcommittee GNSK
Maarten Bon	Member volleybalcommittee GNSK

The committee can be reached at the following e-mail address: gnsk@svuvolleybal.nl
Or text the official SVU number: (+31) 6 19454615

Timetable

On Friday, matches start at 16.00h. The last match finishes at 22.30h.

On Saturday, the matches will start at 10.00h. The last match finishes at 17.50h and the Sportcentrum closes at 18.00h.

On Sunday, matches will also start at 10.00h. The finals will end at 16.30h and there will be an awards ceremony afterwards.

Match schedules

The match schedules can be found in the GNSK 2026 app in the section match schedules. Instructions and explanations about the app can be found below.

The group stage of the men's team tournament is played in 3 pools of 4 teams. The women's team tournament group stage is played in 2 pools of 5 teams

The men's team tournament is played in a group stage. The winners (1st, 2nd and the two best numbers 3) will advance to the knockout phase, which will be played

from the ¼ finals onwards. All matches will be played with a best of 3 result. Only the final will be played with a best of 5.

The women's tournament will be played in a group stage. The winners (1st and 2nd from both groups) will play the semifinals. The winners from the semifinals go to the final. The losers of the semifinals will play the losers' final followed by the big final match. Only the big final will be played in a best of 5, the rest is best of 3.

Regulations

All participants and team officials are expected to read the full [regulations](#).

Competition venue

Sportslocation

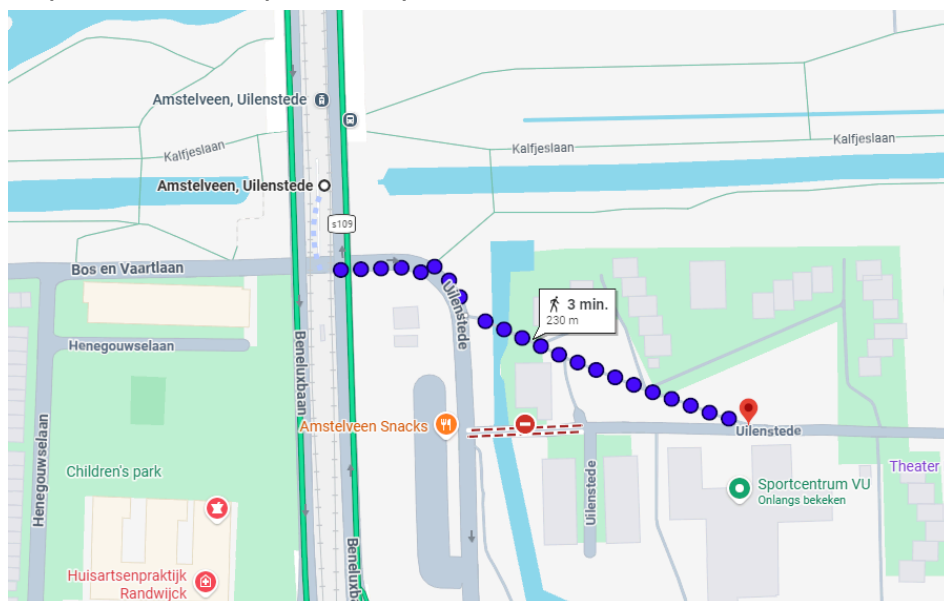
Volleyball is played on Saturday and sun day at Sportcentrum VU. the address is: **Sportcentrum VU, Uilensteden 100, 1183AM Amstelveen.**

OV: From Amsterdam Zuid station, take tram 5 or 25. Get off at the Uilenstede stop (13 minutes). Then it's a 3-minute walk.

Auto: GNSK participants can use the parking spaces around the sports center. Note: these are blue zones with a 2-hour limit.

(OV) fiets (Bicycle from public transport): 10 minutes by bike from Amsterdam Zuid station.

Map from tram stop to VU Sports Center.



Please note: Before participating in sports activities at the competition venue, registration is required at the registration desk at USC Universum

Transport from USC Universum to Sportcentrum VU

Public transport

From USC Universum, take bus 40 towards Amstelstation and get off at Amstelstation (approximately 10 minutes). Transfer there to metro 51 towards Isolatorweg and get off at Amsterdam Zuid station (approximately 8 minutes). Then walk to the tram stop and take tram 5 towards Amstelveen Stadshart or tram 25 towards Uithoorn Centrum, and get off at Uilensteden stop (approximately 13 minutes). From there, it is a 3-minute walk.

By car

The journey from USC Universum to Sportcentrum VU takes approximately 21 minutes by car. Parking is available at Science Park P7 near USC Universum. At Sportcentrum VU, GNSK participants may use the parking spaces around the sports centre. Please note that Science Park P7 is a paid parking facility, and the parking spaces around Sportcentrum VU in the blue zones have a 2-hour time limit.

By public transport bicycle

Cycling from USC Universum to Sportcentrum VU takes approximately 35 minutes. OV-fietsen are available at Amsterdam Muiderpoort station (8 minutes to USC, 29 minutes to SVU), Amsterdam Amstel station (15 minutes to USC, 22 minutes to SVU), and Amsterdam Zuid station (28 minutes to USC, 10 minutes to SVU).

Registrations GNSK 2026

Registration for the GNSK 2026 must be completed before participating in the sports tournament.

For registration on Friday, Studio 1 and Studio 2 at the USC Universum will be used. Participants should enter through the entrance between the squash court and the climbing wall, walk to Studio 1 or 2, and can then leave the building via the door between the climbing wall and the stairs leading to the entrance hall.

When registering, you must be able to provide the following documents:

- Valid proof of enrollment from your educational institution, or proof of graduation (only required for participants, not for team officials)
- Valid accreditation card in the GNSK 2026 app (see below: GNSK 2026 app)
- Valid passport, ID card, or driver's license

After completing registration, participants and team officials can go to the competition venue with a valid accreditation.

Participants and team officials must register at USC Universum at Science Park. Breakfast and dinner will also be served there, in Eetcafé Oerknal. **The address is: Science Park 306, 1098 XH Amsterdam.**

Once again this year there is the GNSK app containing all the information about the GNSK, such as first aid, party and competition programmes.

Importantly, the app is used for accreditation during the GNSK and every participant and team official must download this app. In the following steps, you can download the app and request your personal accreditation:

Step 1: Download the GNSK app for Android or Apple

Step 2: Open the GNSK app and click on three bars in the top left corner.

Step 3: Click on 'accreditation'

Step 4: Enter your phone number

Step 5: Enter the verification code you receive in a sms