

Volleyball Regulations

GNSK 2026

1. Team composition and eligibility to play

1. Per Overkoepelende Studenten Sport Organisatie (hereinafter: OSSO)/city, a maximum of two men's and two women's teams can be registered. A team consists of a minimum of 6 and a maximum of 12 players (14 if you play with 2 liberos). The first registered team per OSSO/city is always entitled to participate. Depending on the number of teams registered, it will be decided whether the second team can participate. Should there be too many second teams for the remaining places, participation will be in order of registration.

2. The registered participants of an OSSO/city may only consist of students who meet the conditions set out in the Right of participation GNSK 2026. If these rules are violated, all results of this participant will be deleted. If an unauthorized participant takes part in the GNSK, a fine of €200 will be charged to the OSSO/representative organization in the city for which that participant is competing.

3. The team statement must be passed to the volleyball committee. Should an OSSO/city send two participating teams, no players may be substituted or join the other team. Should this happen, then Article 2 will be applied.

4. The winner of the volleyball tournament of the GNSK 2026 qualifies for the European Universities Championships in 2027. See the GNSK 2026 Participation Regulations for the rules that apply to this. If a team wins that does not meet the stated requirements, the qualification will pass to the next team that does meet all requirements. If there is no interest, the qualification will pass to the number two, and so on.

2. Match provisions

1. The preliminary rounds will consist of poules. The poule allocation will be based on a draw, with teams being placed according to the GNSK 2026 Placement Implementation Regulations and, if possible, teams from the same OSSO/city will be divided between different poules. Before the draw, the Volleyball Committee will decide how many teams in each poule will qualify for the finals which will be played through a knockout system.

2. The poule phase and knockout phase will be played with matches according to a best-of-three set system, with any third set being played in accordance with the rules of play applicable to a regular fifth set. The volleyball committee may decide to play the follow-up round and semi-final in a best-of-five set system if it deems it necessary.



3. This tournament is subject to the Nevobo's ["Official regulations of volleyball 2025-2026"](#). Herein the rules of the game valid for the Eredivisie are maintained.
4. Match shirts must be numbered in accordance with Nevobo regulations. The same applies to the colour scheme of the libero shirt.
5. The first named team in the competition schedule is the home team.
6. The aim is to arrange Nevobo referees for every match. Should this not succeed, non-playing teams should, according to the match schedule, nominate players to whistle at matches.
7. The aim is to arrange counters for as many matches as possible. Should this not be possible, the home team should arrange for substitute counters.
8. Officially approved match balls will be used. Match balls and warm-up balls must be provided by the teams themselves. The team listed first chooses the match ball.
9. Prior to a match, teams are entitled to at least 10 minutes of warm-up at the net.
10. The use of line-up sheets is compulsory, to be arranged by the teams themselves.
11. Teams must be present and ready to play at the time indicated in the match schedule. If the team is not present at the specified time, the team loses the match. The result is then 2-0 (25-0, 25-0) in favour of the team present (or 3-0 in the case of best-of-five).
12. A match won 2-0 is worth 3 match points, a match won 2-1 results in 2 match points for the winning team and 1 match point for the losing team.
13. The final ranking of the poule will be determined on the basis of the number of match points gained by a team.
14. In the event of an equal number of match points in a poule, successively:
 - I. The number of match points in the match(s) between them;
 - II. The quotient of the number of sets for and against in the mutual match(s);
 - III. The quotient of the number of points for and against in the/all mutual match(s);
 - IV. The quotient of the number of match points achieved for and against in all matches played
matches;
 - V. The quotient of the number of sets for and against in all matches played;
 - VI. The quotient of the number of points for and against in all matches played;





VII. If the result is still tied after this, a deciding set is played, in accordance with the rules of the game that apply to a fifth set.

15. Players that forfeit a match in the knockout phase are excluded from participating in the match for third place.

16. The final and third place match shall be played according to a best-of-five set system. The volleyball committee may decide to play the final in a best-of-three set system if it deems it necessary.

17. Protests concerning refereeing decisions are not possible.

3. Closing provisions

1. Players must wear appropriate sportswear.

2. The organisation bears no responsibility for accidents or damage to third parties before, during or after the competition. Participation is at your own risk.

3. The organisation bears no responsibility for theft before, during or after the competition.

4. In all cases, the volleyball committee reserves the right to make a binding decision that does not necessarily correspond to the above. This decision is in accordance with the documents mentioned in article 5 of the final provisions and cannot be implemented without the consent of the GNSK committee and/or SSN.

5. In all cases not covered by this regulation, the rules and provisions of the SSN Event Regulations 2026 and ["Official regulations of volleyball 2025-2026"](#) apply.

