



INFO SHEET

2026

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Foreword

It's almost there: the Great Dutch Student Championships (GNSK) are just around the corner. Under the banner of Studentensport Nederland, the GNSK board is organising this year's 66th edition in the student city of Amsterdam. On 5, 6 and 7 June, you will be one of 1,300 student athletes from all the student cities in the Netherlands competing in one of the 13 different disciplines to win the title of Dutch Student Champion. The city with the highest score in the overall rankings will be awarded the title of 'Student sports city 2026'. This document contains detailed information about the programme, the sports, accommodation, food, overnight stays and the party. In short, all the information you need as a participant in the GNSK 2026. Is there anything missing? Take a look at our website, app or email gnskamsterdam@usc sport.nl!

We, the GNSK board, will do our very best to organise a fantastic event on 5, 6 and 7 June in Amsterdam.

The countdown has now really begun; get ready for another unforgettable weekend. We look forward to welcoming you to Amsterdam.

On behalf of the 66th GNSK Board 2026,

Arjan Petersen	Chair
Anne Kootstra	Treasurer
Roos Rentier	Secretary
Louk van der Wijst	Sports & Volunteers Commissioner
Sterre Praamstra	Sports Commissioner
Tom de Beurs	Food & party Commissioner
Dominic den Drijver	Logistics Commissioner

Sports

This year, there will be 13 sports on the programme during the GNSK.

Regular sports

The fixed sports being played this year are:

- ★ Badminton (mixed team and individual men & women)
- ★ Basketball (men & women)
- ★ Handball (men & women)
- ★ Fencing (mixed team and individual men & women)
- ★ Squash (mixed)
- ★ Tennis (men & women)
- ★ Football (men & women)
- ★ Volleyball (men & women)

Elected sports

The elected sports this year are:

- ★ Futsal (men)
- ★ Beach volleyball (men & women)
- ★ Cycling (men & women)
- ★ Climbing (climbing & bouldering, men & women individual)
- ★ Padel (men & women combined)

Participation in EUG 2027

The winners of the sports listed below, both men and women, may be eligible to participate in one of the European University Championships (EUC) in 2027:

- ★ Badminton (Strasbourg)
- ★ Basketball (Zadar)
- ★ Handball (Podgorica)
- ★ Football (Porto)
- ★ Futsal (Madrid)
- ★ Volleyball (Grenada)
- ★ Padel (Madrid)
- ★ Tennis (Split)
- ★ Beach volleyball (Split)

Clinics on demosports

Several clinics and demonstration sports will be organised on the USC Universum site. Among other things, a pump track and a 3x3 basketball court will be set up, where both demonstrations will be held and people can play freely.

Daily overview by sport

The table below shows the daily schedule.

Sport	Friday	Saturday	Sunday
Badminton	X	X	X
Basketball	X	X	X
Beachvolleyball	X	X	X
Climbing		X	
Handball	X	X	X
Padel		X	X
Fencing		X	X
Squash	X	X	X
Tennis		X	X
Football		X	X
Volleyball	X	X	X
Cycling		X	X
Futsal		X	X

Sports playbooks and game schedules

A playbook has been drawn up for each sport; please read the playbook for the sport you are taking part in carefully. You can find the most up-to-date version of the game schedule in the app. Some sports use an external programme for their game schedule; you can find this on the website or in your sports playbook.

Click [here](#) for the GNSK 2026 sports playbooks.

GNSK 2026 app

Just like last year, the GNSK app will be used, containing all information about the GNSK, such as first aid, party and game schedules. It is important to know that the app is used for accreditation during the GNSK and that every participant and team official needs to download this app. You can download the app and apply for your personal accreditation by following these steps:

- ★ Step 1: Download the 'GNSK Amsterdam' app for Android or for Apple
- ★ Step 2: Open the GNSK app and tap the three bars in the top-left corner
- ★ Step 3: Tap 'accreditation card'
- ★ Step 4: Enter your phone number or email address
- ★ Step 5: Enter the verification code you received via text message or email

Registration

You must register for GNSK 2026 before taking part in the tournament. You can do this on **Friday** at the main venue: USC Universum. The address is: **Science Park 306, 1098 XH Amsterdam**. The registration desk is open from 15:00 to 21:00. On Saturday, the registration desk will be open from 08:00 to 12:00 at the information desk, also at USC Universum. For volleyball players, registration is possible at Sportcentrum VU on Friday from 15:00, this is because volleyball starts earlier than other sports.

When you register, you must be able to provide the following documents:

- ★ Valid accreditation card in the GNSK Amsterdam app
- ★ Valid proof of identity (passport/ID card/driving licence)
- ★ If this has not yet been shown, and for participants only – valid proof of enrolment or proof of graduation from your educational institution

Sports locations

Main venue: USC Universum

Sports: Basketball, beach volleyball, squash, climbing, futsal, badminton on Friday

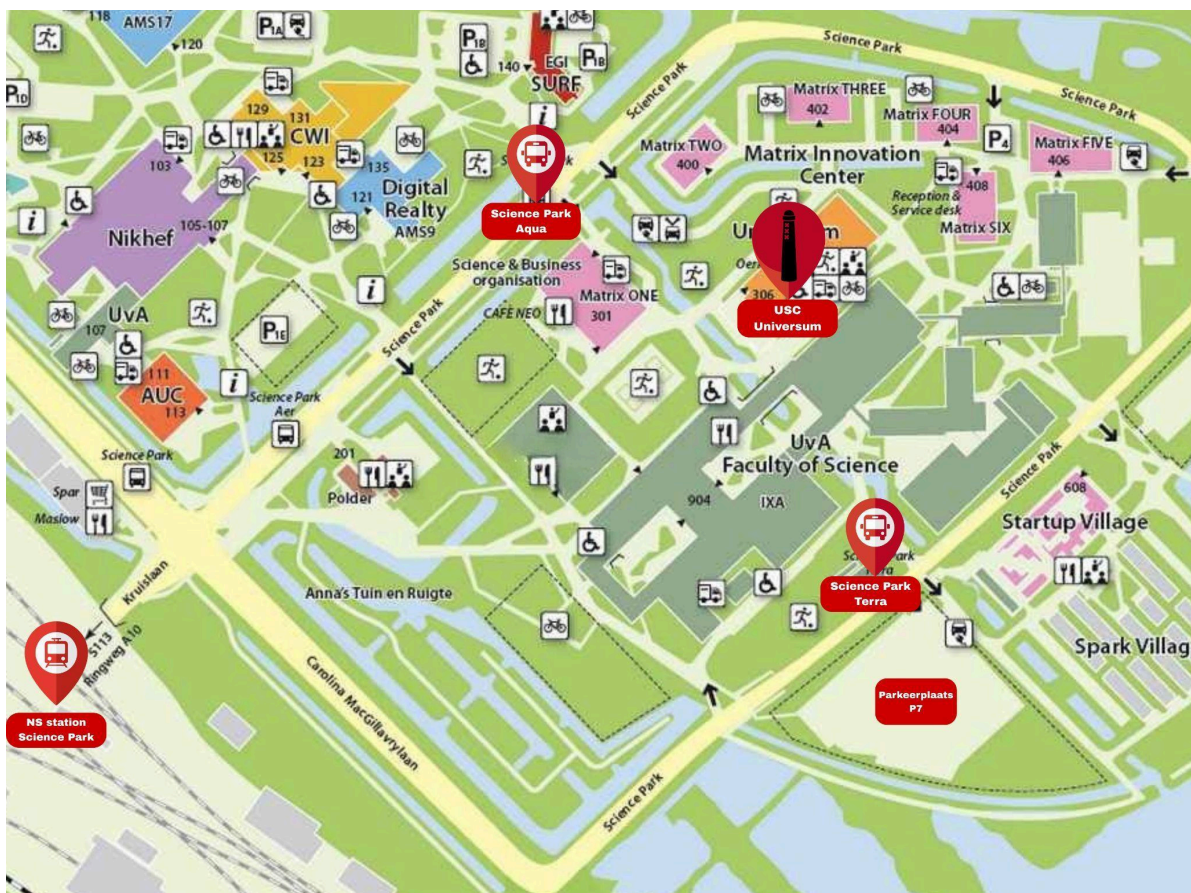
Address: Science Park 306, 1098 XH Amsterdam

Public transport: Science Park Aqua bus stop (2-minute walk), Amsterdam Science Park train station (8-minute walk).

OV-bike: Accessible from Amsterdam Amstel (15-minute cycle), Amsterdam Muiderpoort (10-minute cycle) and Amsterdam Centraal (20-minute cycle).

Car: There is limited paid parking at Science Park P7 (3-minute walk). We advise against coming by car.

Map Amsterdam Science Park



USC Tennis & Padel

Sports: Tennis, padel

Address: Radioweg 80, 1098 NJ Amsterdam

Walking: 20 minutes from USC Universum

Cycling: 6 minutes' cycle from USC Universum

VU Sports Centre

Sports: Volleyball, fencing

Address: Uilenstede 100, 1183 AM Amsterdam

Cycling: 35 minutes from USC Universum

Public transport: Bus → tram connection

USC Amstel Campus

Sports: Handball

Address: Tweede Boerhaavestraat 10, 1091 AN Amsterdam

Cycling: 15 minutes from USC Universum

Public transport: Bus → metro/tram connection

De Weeren Sports Park/ A.R.C. Ulysses

Sports: Cycling

Address: Sportpark de Weeren, 1027 ED Amsterdam

Cycling: 30 minutes from USC Universum

Public transport: Bus → bus → 12-minute walk

Bajeskwartier Sports Hall

Sports: Badminton on Saturdays & Sundays

Address: H.J.E. Wenckebachweg 40, 1096 DC Amsterdam

Cycling: 15 minutes from USC Universum

Public transport: Bus → Metro → 10-minute walk

JOS Watergraafsmeer

Sports: Football Saturday

Address: Drie Burgpad 3, 1097 HK Amsterdam

Cycling: 10 minutes from USC Universum

Public transport: Bus → 15 minute walk

TOS-Actief

Sports: Football Sunday

Address: Radioweg 63, 1098 NG Amsterdam

Walking: 15 minutes from USC Universum

Cycling: 4 minutes from USC Universum

Sportslocation overview

Sport	Location
Badminton	Friday: USC Universum Sa-/Sunday: Sporthal Bajeskwartier
Basketball	USC Universum
Beachvolleyball	USC Universum
Handball	USC Amstelcampus
Climbing	USC Universum
Padel	USC Tennis & Padel
Fencing	Sportcentrum VU
Squash	USC Universum
Tennis	USC Tennis & Padel
Football	Saturday: JOS watergraafsmeer Sunday: TOS actief
Volleyball	Sportcentrum VU
Cycling	Sportpark de Weeren/ A.R.C. Ulysses
Futsal	USC Universum

Food & Drinks

During the GNSK, all organised food and drink will take place at Eetcafé Oerknal and on the surrounding grounds. On Friday and Saturday evenings, **dinner** will be served outdoors in shifts. The dinner shifts will be announced in advance. You can only attend dinner if you have indicated this on your individual registration form. You will need to show this via your accreditation in the app, so please ensure you have it with you.

Both **breakfasts** are included in the accommodation ticket. Breakfast will be served at Eetcafé Oerknal between 7.30 and 10.00 am. **No lunch** will be provided by the GNSK organisation. However, there are plenty of options for buying your own lunch in the vicinity of the main venue, and Eetcafé Oerknal is also open (with a limited menu). Are you doing sports at an external venue? Please be aware that it may be a bit of a walk to the nearest supermarket or restaurant.

Parties

What would the GNSK be without unforgettable evenings? Exactly – not the full experience! At USC Universum, we're lucky enough to have a fantastic *in-house* café. The Oerknal is a real student café, and is well-versed in organising events specifically for this crowd. Partly because we have a party venue right in our building, we're going all out with not one but two party nights!

What can you expect?

On **Friday evening**, straight after the official opening of the GNSK, the fun really begins. In our very own café, De Oerknal, we'll kick things off with a real Amsterdam borrel evening! After pitching your tent or playing your first match, you're more than welcome to join us, have a beer and soak up the Amsterdam café atmosphere. This borrel is open to everyone and no ticket is required.

On **Saturday evening**, once the final points of the day have been scored, water bottles make way for hardcups and the evening is far from over. Several DJs are ready to go, the terrace opens, and the shot glasses are already neatly lined up. In short: all the ingredients for an unforgettable night of partying are in place! This party is private and tickets are only available to GNSK participants. Tickets for this party are sold out and can no longer be obtained at the door. Did you secure a ticket when you registered? Then, on Saturday, upon showing your accreditation in the app, you can collect your **wristband** all day long at the information desk at USC Universum. You'll need to put it on straight away when you collect it, so bear that in mind if you still need to play. Want to know this year's theme? Keep an eye on our Instagram! It's going to be an out-of-this-world party, that's for sure...

Practical party info

Friday night

Time	from 22:00 to 01:00
Location	Eetcafé Oerknal, Science Park 306
Entry	Free entry

Saturday night

Time	from 21:30 to 03:00
Location	Eetcafé Oerknal, Science Park 306
Entry	Private event, entry by wristband only

Overnight stay and equipment rental

Overnight stay

Accommodation during GNSK 2026 will be at the USC Universum, in the sports halls and in tents on the surrounding Science Park.

Use of the sleeping facilities is only possible if this has been indicated during registration for GNSK 2026. Participants staying overnight in the sports halls must bring their own sleeping gear (such as a mat and/or air mattress, blanket and pillow), or hire this via Camp Again. If you are sleeping in the sports hall, your belongings will need to be cleared away in the morning to make room for the sports programme. Participants sleeping on the grass pitch must bring their own tent in addition to their sleeping gear, or hire a tent via Camp Again. Please note, it can get cold at night! Whether in the sports hall or at the campsite, it is wise to take this into account and bring warm sleeping gear.

It is important that the tent is suitable for the number of people who will be sleeping in it. If a tent is too large for the number of users, the organisers may decide to refuse it. If in doubt, we recommend contacting the GNSK organisers in advance. Party tents and army tents are not permitted. There are no power points on the campsite; for extra comfort, we therefore recommend bringing a flashlight and an extra power bank. Portable toilets will be available on the campsite. For all rules and guidelines, please refer to the campsite regulations, which can be found at the end of this information booklet under *Regulations*.

Rental service 'Camp Again'

For GNSK 2026, the organisers are partnering with [Camp Again](#). *Camp Again* specialises in the sustainable hire of camping equipment, such as tents, air mattresses and other camping essentials, with the aim of encouraging reuse and reducing camping waste. This option is not only sustainable, but also saves you the backache of lugging all that camping gear around! Rental is available for both the campsite and the sports hall. Equipment can be hired via the [Camp Again webshop](#). During the GNSK, *Camp Again* will have a stand where hired equipment can be collected and returned afterwards. The hire costs for a whole weekend are as follows:

What	Costs
Tent (2 persons)	€45,00
Dream package (Air mattress, pillow, blanket and sheets)	€27,50
Complete package 2 people (2p tent, 2x dream package)	€90,00
Camping chair	€10,00



Side programme

There will also be entertainment in and around USC Universum. Take a fun photo with your team in the photo booth, sit back and soak up the sun on a beach chair, or make yourself a delicious smoothie on the smoothie bike. The following organisations will be present at the main venue, USC Universum, during the GNSK.

Sports

As well as the sports, there's plenty to do on site! Challenge each other on the 3x3 basketball court, test your skills on the pump track with BMX bikes and scooters, or play a competitive game of cornhole. For those who love a challenge, there are competitive Hyrox and bouldering challenges and an outdoor bouldering wall for some climbing fun. In short: alongside your own sport, there's plenty of action, fun and challenges for everyone!

Matchis

Got a spare moment and want to do something socially meaningful? Pop over to the [Matchis](#) volunteers and become a stem cell donor in just a few minutes. Don't worry, all you need to do is swab the inside of your mouth for half a minute. The chance that you'll ever be called upon as a donor is very small, but if it happens, you'll save someone's life. Check out the website or pop over to them if you'd like to know more. They'll be there on Saturday at the end of the afternoon.

Camp Again

[Camp Again](#) will also be on site. Perhaps you've rented gear from them for your perfect camping experience this year, but even if you didn't need to, it might be an interesting stop-off on your way to your tent! *Camp Again* is always on the lookout for enthusiastic students who can help out when they're at major festivals (even bigger than the GNSK). Check the registration form [here](#) to see which festivals they attend – your favourite might just be on the list, and you could score a free ticket.

Life Goals Amsterdam

Various representatives from *Life Goals Amsterdam* will be present over the weekend. They are this year's charity, which means that €1 per participant will be donated to *Life Goals*. During registration, it was possible to donate extra money – it's amazing that so many of you did! Would you also like support sport for people in vulnerable situations? There will also be opportunities to donate money during the weekend. Want to know more? Check out the Life Goals Amsterdam website: <https://lifegoalsamsterdam.nl>.

Borotalco

Exercising, partying, and sleeping all in one event? Of course, we all want to be fresh and ready for the third half. That's why we've secured Borotalco as our sponsor. During registration, you'll receive a deodorant sample, and while stocks last, you can also collect one from the information desk afterwards. We thank Borotalco for the best-smelling GNSK ever!

Regulations

Terms and conditions

Click [here](#) for the terms and conditions of GNSK 2026.

Eligibility conditions

Click [here](#) for the eligibility criteria for the GNSK 2026.

Medal table

Click [here](#) for an explanation of the medal table for the GNSK 2026.

Implementation regulations for placement

Click [here](#) for the implementation regulations for the group stage of the GNSK 2026.

Competition regulations

Click [here](#) for the competition regulations of the GNSK 2026.

SSN event regulations

Click [here](#) for the SSN's event regulations.

Camping regulations

Click [here](#) for the GNSK 2026 campsite regulations.

Contact details

The entire GNSK board can be contacted at gnskamsterdam@usc sport.nl .
If you have any questions, you can also contact info@studentensport.nl.

Arjan Petersen	Chair
Anne Kootstra	Treasurer
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Sterre Praamstra	Sports Commissioner
Tom de Beurs	Food & Events Commissioner
Dominic den Drijver	Logistics Commissioner

Postal and visiting address

Science Park 306
1098 XH Amsterdam

Website

www.gnsk.nl

Instagram

GNSK_2026

App

GNSK Amsterdam

Afterword

Do you have any questions, or is there anything missing? Feel free to email us at gnskamsterdam@usc sport.nl !

We're really looking forward to it, and we hope you are too. See you soon in our beautiful capital city.

